



Trainingsplan Winter 2019

| Datum: | Was: | Zeit: | Ort/Leiter: |
|-------------------|-------------------------------|------------------|-------------------|
| Di, 01,01 | Kein Training | | |
| Fr, 04,01 | Training | 22:00 – 22:00Uhr | Sulz/ Daniel.B |
| Di, 08,01 | Training | 19:00 – 20:30Uhr | Sulz/ Diego |
| Fr, 11,01 | Training | 20:00 – 22:00Uhr | Sulz/ Pascal |
| Mo, 14,01 | Training mit DR | 20:00 – 22:00Uhr | Sulz / DR |
| Fr, 18,01 | Training | 20:00 – 22:00Uhr | Sulz/ Jonas.O |
| Di, 22,01 | Training | 19:00 – 20:30Uhr | Sulz/ Mario |
| Fr, 25,01 | Training | 20:00 – 22:00Uhr | Sulz/ Patrick |
| Sa, 26,01 | GV | | Sulz |
| Di, 29,01 | Training | 19:00 – 20:30Uhr | Sulz/ Dave |
| Fr, 01,02 | Training | 20:00 – 22:00Uhr | Sulz/ Sacha |
| Di, 05,02 | Training | 19:00 – 20:30Uhr | Sulz /Daniel.B |
| Fr, 08,02 | Training | 20:00 – 22:00Uhr | Sulz/ Diego |
| Di, 12,02 | Training | 19:00 – 20:30Uhr | Sulz/ Pascal |
| Fr, 15,02 | Training mit DR | 20:00 – 22:00Uhr | Sulz/ TV |
| Di, 19,02 | Training | 19:00 – 20:30Uhr | Sulz/ Mario |
| Fr, 22,02 | Training | 20:00 – 22:00Uhr | Sulz/ Dave |
| Di, 26,02 | Training | 19:00 – 20:30Uhr | Sulz/ Sacha |
| Fr, 01,03 | Kein Training Fasnacht | | |
| Di, 05,03 | Start Wettkampfsaison | | Laufenburg |
| Fr -So, 15-,17,03 | Skiweekend | | Arosa/ Simon |

Achtung Trainings am Dienstag immer von 19:00-20:30 Uhr!